BEST PRACTICES

BIOTRANSFORMATION

SOLUTIONS

India Pale Ale (IPA) is a beer style defined by higher hopping rates. In the late 18th century, British brewers would preserve beer for export by using higher levels of alcohol and hops, thus introducing a recipe that became popular in British colonized India. The modern IPA family includes a diverse range of beer styles that are all defined by their very prominent hoppy character.

The choice of yeast strain is an important consideration in brewing any IPA style. Each yeast strain produces unique flavor compounds that directly impact the aroma of the final beer, from relatively neutral to more fruity esters. The level of attenuation will impact the body and perception of bitterness, and the genetics and metabolism of the yeast will impact the clarity of the finished beer.

Brewing labs are discovering how different yeast strains can influence flavor and aroma by interacting with specific hop-derived flavor compounds, a process collectively known as biotransformation. Yeasts produce enzymes that interact with hops to release or modify aromatic terpenes (citrus, floral) and thiols (tropical) to enhance the overall hop sensory profile. The combination of primary yeast metabolism (attenuation, production of esters, flocculation) and secondary interactions with hop compounds (biotransformation) will determine the flavor and aroma of the finished beer.

LALBREW STRAINS By Beer Style	BRY-97	LONATM	NEW ENGLAND	NOTTINGHAM	NOVALAGER	POMONA	VERDANT IPA	WINDSOR	SSON
BLACK IPA	~			~			~		✓
BRUT IPA	✓			✓					✓
COLD IPA					~				
DOUBLE IPA	~		✓	✓		~	~	~	~
ENGLISH IPA				<			~	~	
NEW ENGLAND IPA			~		~	~	~	~	~
NON-ALCOHOL IPA		~							
SESSION IPA	~		~	~	~	~	~	~	✓
SOUR IPA	~		✓	✓		~	~	~	~
WEST COAST IPA	~			✓		~	✓		~

Lallemand Brewing's yeast strains, combined with our brewing expertise, empower brewers to achieve the desired hop-forward flavors for any IPA style.

Throughout this document, we provide detailed information about LalBrew Premium[®] yeast strains, including the biotransformation potential of terpene and thiol compounds. We also discuss general strategies for optimizing the brewing process to maximize specific hop aromas. Armed with this data, the brewer is well equipped to choose the best yeast for each IPA style.

Lallemand Brewing is at the forefront of hop flavor and aroma research, and we are ready to help you with any questions about brewing hoppy beer styles.



BEST PRACTICES BIOTRANSFORMATION & IPA SOLUTIONS



For more information, you can reach us via email at **brewing@lallemand.com**

Biotransformation Overview

Biotransformation is a term used to describe the transformation of compounds present in unfermented wort into altered, or altogether new, compounds by brewer's yeast. Non-aromatic compounds derived from hops are transformed by yeast enzymes, beta-glucosi-dase and beta-lyase, to release aromatic flavor compounds in the beer.

β-glucosidase activity results in the release of an aromatic terpene (and a glucose molecule) from a non-aromatic terpenyl glycoside. Additionally, specific terpenes can be modified by yeast metabolism to produce different compounds with unique aromas (i.e. geraniol conversion to β -citronellol) (Figure 1). Terpenes can have diverse flavor impacts (citrus, floral) and higher levels of terpenes are associated with greater overall hop aroma intensity (OHAI).

 β -lyase activity results in the release of volatile sulfur compounds called thiols from non-aromatic precursors (Figure 2). Thiols are usually associated with tropical aroma and are active at very low flavor thresholds.



Fl6. 2: β-lyase enzyme mechanism. In this example, 4MSP (an aromatic thiol) and cysteine are released from a non-aromatic cysteinylated precursor.

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Optimizing Biotransformation

It is important to select ingredients to maximize the amount of aromatic precursors. Brewers should consider the type of malt, hop variety, point of hop addition, and yeast strain. Hops rich in bound precursors should be added in the whirlpool or early dry hop to allow the yeast enzymes (or exogenous enzymes) to release the aromatic compound. Hops that are rich in free terpenes or thiols should be added as a late dry hop to reduce aroma loss during fermentation. Different yeast strains have enzymes that are more specific to certain substrates and will tend to favor the formation of specific terpene or thiol compounds.



The following charts are a guide to help brewers optimize biotransformation during the brewing process in order to achieve specific hop aroma profile.

TERPENE TYPE	Whirlpool /Early Dry Hop High in bound terpene	Fermentation Maximize terpene release	Late Dry Hopping High in free terpene
Geraniol Geraniol Rose, citrus, fruity	Hops: Motueka, Amarillo™, Chinook, Mosaic®, Comet, Hallertau Blanc, Vic Secret, Polaris, Summit, Cascade	Yeast: LalBrew BRY-97™, LalBrew New England™, LalBrew Voss™ Enzyme: Aromazyme	Motueka, Bravo, US Cascade, Mosaic®, Sorachi Ace, Citra®
Linalool Lavender, sweet, fruity, spicy	Hops: Amarillo™, Glacier, Mt. Hood	Yeast: LalBrew BRY-97™, LalBrew New England™, LalBrew Voss™ Enzyme: Aromazyme	Motueka, Southern Cross, Hallertauer Tradition, Amarillo™, Sorachi Ace, Coriander Seed
)	High in free Geraniol	Maximize terpene conversion	High in free terpene
β-Citronellol Created through biotransformation of Geraniol Lemon/lime, floral	Hops: Motueka, Bravo, US Cascade, Mosaic®, Sorachi Ace, Citra®	Yeast: LalBrew Pomona™	Motueka
THINI TYPF	Whirlpool /Early Dry Hop	Fermentation	Late Dry Hopping
	High in bound thiol	Maximize thiol release	High in free thiol
3SH 3-sulfanylhexanol	High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra®, Hallertau Blanc	Maximize thiol release Yeast: LalBrew Nottingham™	High in free thiol Apollo, Galaxy®, Simcoe®, Citra®, Mosaic®
SSH 3-sulfanylhexanol State	High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra®, Hallertau Blanc Hops: Hallertau Blanc	Maximize thiol release Yeast: LalBrew Nottingham [™] Yeast: LalBrew Nottingham [™] , LalBrew Verdant [™] , LalBrew Voss [™]	High in free thiol Apollo, Galaxy [®] , Simcoe [®] , Citra [®] , Mosaic [®] Nelson Sauvin, Ekuanot, Hallertau Blanc, Mosaic [®]
SHB 3-sulfanylhexanol SSHB 3-sulfanylhexanol SSAMP 3-sulfanyl-4- methylpentan-1-ol State Stat	High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra®, Hallertau Blanc Hops: Hallertau Blanc Hops: Nelson Sauvin, Aramis, Strisselspalt, Mandarina Bavaria, Simcoe®	Maximize thiol release Yeast: LalBrew Nottingham™ Yeast: LalBrew Verdant™, LalBrew Voss™ Yeast: LalBrew Nottingham™, LalBrew Voss™	High in free thiol Apollo, Galaxy®, Simcoe®, Citra®, Mosaic® Nelson Sauvin, Ekuanot, Hallertau Blanc, Mosaic® Nelson Sauvin, Kosaic®
SHB -sulfanylhexanol SSHB -sulfanylhexanol SSAMP -sulfanyl-4- methylpentan-1-ol State State </th <th>High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra®, Hallertau Blanc Hops: Hops: Nelson Sauvin, Aramis, Strisselspalt, Mandarina Bavaria, Simcoe® High in free 3SH</th> <th>Maximize thiol release Yeast: LalBrew Nottingham™ Yeast: LalBrew Nottingham™, LalBrew Verdant™, LalBrew Voss™ Yeast: LalBrew Nottingham™, LalBrew Voss™ Maximize thiol conversion</th> <th>High in free thiol Apollo, Galaxy®, Simcoe®, Citra®, Mosaic® Nelson Sauvin, Ekuanot, Hallertau Blanc, Mosaic® Nelson Sauvin, Hallertau Blanc, Mosaic® High in free thiol</th>	High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra®, Hallertau Blanc Hops: Hops: Nelson Sauvin, Aramis, Strisselspalt, Mandarina Bavaria, Simcoe® High in free 3SH	Maximize thiol release Yeast: LalBrew Nottingham™ Yeast: LalBrew Nottingham™, LalBrew Verdant™, LalBrew Voss™ Yeast: LalBrew Nottingham™, LalBrew Voss™ Maximize thiol conversion	High in free thiol Apollo, Galaxy®, Simcoe®, Citra®, Mosaic® Nelson Sauvin, Ekuanot, Hallertau Blanc, Mosaic® Nelson Sauvin, Hallertau Blanc, Mosaic® High in free thiol
SSH 3-sulfanylhexanolSSAMP 3-sulfanyl-4- methylpentan-1-olSSAMP 3-sulfanyl-4- methylpentan-1-olSSAMP 3-sulfanyl-4- methylpentan-2-oneSSAMP 3-sulfanyl 2-sulfanyl methylpentan-1-olSSAMP 3-sulfanyl 2-	High in bound thiol Malt: Pale pilsner / Lager Hops: Motueka, Saaz, Cascade, Citra°, Hallertau Blanc Hops: Nelson Sauvin, Aramis, Strisselspalt, Mandarina Bavaria, Simcoe° High in free 3SH Kops: Apollo, Galaxy°, Simcoe°, Citra°, Mosaic°	Maximize thiol release Yeast: LalBrew Nottingham™ Yeast: LalBrew Verdant™, LalBrew Voss™ Yeast: LalBrew Nottingham™, LalBrew Voss™ Maximize thiol conversion Yeast: LalBrew Nottingham™, LalBrew Voss™	High in free thiol Apollo, Galaxy®, Simcoe®, Citra®, Mosaic® Nelson Sauvin, Ekuanot, Hallertau Blanc, Mosaic® Nelson Sauvin, Apollo, Citra®, Galaxy®, Mosaic®, Simcoe® High in free thiol None

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